

Catering: Our place or your place - take out and delivery available!

Also offering special events at Ocean Institute Dana Point

Lunch

SERVED FROM 11:00AM - 3:00PM DAILY

Salads

Tony's Briosia organic baby greens topped with lean chicken breasts, almonds, feta cheese and strawberries; served with a side a light balsamic vinaigrette	14.50	Turkey Breast Sandwich provolone cheese, lettuce, tomato & mayonnaise	11.99
Katia's organic baby greens topped with lean chicken breast, candied walnuts, feta cheese, & dried cranberries served in a light raspberry vinaigrette	14.50	Grilled Veggie Sandwich provolone cheese, mushrooms, squash, eggplant, onions, peppers, oil & vinegar	12.99
Cobb chopped lean chicken breast with fresh tomato, avocado, bacon, hardboiled egg, & bleu cheese on a bed of romaine lettuce; served with ranch dressing	14.99	Fresh Veggie Sandwich provolone cheese, lettuce, tomato, cucumbers, carrots, sprouts & avocado	12.99
Classic Caesar chicken breast, chopped romaine lettuce, shaved parmesan cheese, & homemade croutons in our traditional Caesar dressing	13.99	Panini Chicken Pesto - mozzarella, tomato, basil & pesto sauce Eggplant & Mozzarella - basil & marinara sauce Pastrami & Swiss - tomato & mustard	12.99
Salmon	17.99	Tony's famous Soup of the day	7.50
Chicken or Tuna Salad served on a bed of baby greens, topped with tomato, cucumbers and croutons.	13.50	Soup & Salad	12.99
Tuscan Salad tomato, basil, onion, cannellini beans, & balsamic vinaigrette	13.99	Soup & Sandwich	12.99
Petite Mixed Greens tomato, cucumber, feta cheese & croutons tossed in a light balsamic vinaigrette	5.99	Quiche & Soup	13.75
Sandwiches your choice of fresh sourdough, squaw, wheat, rye, or focaccia bread/served with pasta, fruit or green salad		Old Favorites	
Chicken Salad Sandwich lettuce & tomato	12.99	Chicken or Grilled Veggie Quesadilla	13.99
Albacore Tuna Sandwich lettuce & tomato	12.99	Ahi Tuna Tacos 2 tacos on corn tortilla, cilantro, onion and Jalapeno sauce	14.99
Egg Salad Sandwich lettuce & tomato	10.99	Bistro K Burger cheddar cheese, grilled mushrooms & onions, lettuce, tomato; served with your choice of green salad or fries	13.99
Ham and Swiss Sandwich swiss cheese, lettuce, tomato & mustard	11.99	Quiche du Jour served with your choice of pasta, fruit or green salad	12.99
		Eggplant Parmesan	13.99
		Bistro Kids chicken fingers & fries macaroni & cheese 2 mini burger sliders with fries or fruit angel hair pasta with parmesan & butter sauce	8.99 8.99 8.99 8.99

Beverages

Gourmet Coffee	Small	Large	Drinks	
House blend	2.75	2.95	Soda	2.95
Cappuccino	3.75	4.50	Iced Tea	2.95
Mocha	3.75	4.50	Arnold Palmer	2.95
Latte	3.75	4.50	Homemade Lemonade	2.95
Chi Tea Latte	4.50		Orange Juice	3.50
Espresso	2.95	3.50	Mixed Berry Smoothie	6.00
Soy Latte	4.50		Banana Smoothie	6.00
Milk	2.75			
Hot Chocolate	3.75			

A 18% gratuity for parties of 6 or more will automatically be added to your check.

Catering available, ask your server for details.